A Match the health problems with the pictures.

1.  ____ the chills
2.  ____ a cold
3.  ____ a cough
4.  ____ an earache
5.  ____ a headache
6.  ____ heartburn
7.  ____ a sore throat
8.  ____ a stiff neck
9.  ____ an upset stomach
B Complete the sentences. Underline the correct word. If the health problem has no word before it, underline no word.

1. Min-Ji feels hot. She has a / the fever.
2. I feel cold. I have a / the chills.
3. Huang can’t eat. He has a / an upset stomach.
4. Is there a bathroom nearby? I have the / (no word) diarrhea.
5. Call a doctor now! Mr. Barrios has the / (no word) chest pains.
6. My arm is red! I have a / (no word) rash.
7. No onions, please. Onions give me a / (no word) heartburn.
8. Ms. Wilson can’t turn her head. She has a / the stiff neck.
9. My brother can’t talk today. He has a / an sore throat.
10. The baby sounds very sick. He has a / the cough.

C Play track 22. Listen. Complete the postcard with the health problems you hear.

Dear Grandma,

We are on vacation this week. Last weekend, we went camping at a state park. We did NOT have a good time. Dad cooked on the campfire every night. The food was really bad. Dad had __________ , and I had __________. On Saturday, it rained all day. Mom got sick. She had __________and __________. On Saturday, Janet and I went swimming. Janet got water in her ear. Now she has __________. Then Dad and I went hiking. Now I have __________on my arms and legs. This morning we went to a hotel. No more camping for us!

Love,
Marie
A Complete the conversation. Underline the correct word.

Receptionist: Good morning, Dr. Quintana’s office.

Carmen: Hi, this is Carmen Ruiz. I have an appointment (1) on / in Wednesday morning.

Receptionist: Yes, Mrs. Ruiz. Your appointment is (2) at / in 10:30.

Carmen: I need to change it. Can I come (3) on / in the afternoon?

Receptionist: I’m sorry. We don’t take appointments (4) in / on Wednesday afternoons. Our office closes (5) on / at 1:00.

Carmen: Can I come this afternoon?

Receptionist: Well, we’re closed for lunch (6) at / from 12:00 (7) to / by 1:00. But let me see here… I have an opening (8) from / in an hour. Can you get here (9) in / by 11:00?

Carmen: Yes, my office is very close.

Receptionist: All right. I’ll change your appointment to today, at 11:00.

B Complete the paragraph. Write at, by, in, on, or from . . . to.

Suzanne has a dentist appointment (1) on January 5th at 8:00. Suzanne arrives 8:02, but the dentist is not ready to see her. His office is always busy. The receptionist says “Please have a seat. We will call you (2) a few minutes.” But Suzanne sits in the waiting room (3) 8:00 (4) 8:30. She is a little worried. She starts work (5) 9:30. She needs to leave the dentist’s office (6) 9:15 or she will be late. Finally, the dental assistant calls her name. After her appointment, Suzanne makes her next appointment. Her next appointment is (7) six months. And it is (8) a Saturday morning, so she doesn’t have to worry about being late for work!
Read the appointment card. Then answer the questions. Write complete sentences.

Downtown Health Clinic
10 Central Street, Newtown, KS
(313) 555-1234
Hours: 7 a.m. – 7 p.m. Mon. – Fri.,
7 a.m. – 5 p.m. Sat., Closed Sundays

Michael Park has an appointment with Dr. Bernard

Date: Thursday, November 19  Time: 3:45 p.m.

New patients: Please arrive 20 minutes before appointment time.
Please call 24 hours before appointment to change or cancel.

1. What day of the week is the patient’s appointment?
   The appointment is on Thursday.

2. What is the date of the appointment?
   Thursday, November 19

3. What is the doctor’s name?
   Bernard

4. What is the phone number of the clinic?
   (313) 555-1234

5. What street is the clinic on?
   10 Central Street

6. When does the clinic open on Mondays?
   7 a.m.

7. What time does the clinic close on Saturdays?
   5 p.m.

8. Imagine it is now 3:20 p.m. on November 19. How soon is the patient’s appointment at the clinic?
   45 minutes

9. The patient has never been to the clinic before? What time should he arrive at the clinic?
   3:00 p.m.
Lesson 4: Read medicine labels

A  Read the definitions. Match the definitions with the words from the box. Write the words on the lines.

<table>
<thead>
<tr>
<th>dosage</th>
<th>expiration date</th>
<th>over-the-counter (OTC) medicine</th>
</tr>
</thead>
<tbody>
<tr>
<td>patient</td>
<td>prescription</td>
<td>refill</td>
</tr>
<tr>
<td>warning</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

1. The person who sees a doctor for medical help: _______ patient _______
2. The date you should throw away medicine: _________________
3. Medicine you can buy without an order from a doctor: _______________
4. An order for medicine from a doctor: ________________
5. The amount of medicine you take and when you take it: _______________
6. The number of times you can get more medicine: _______________
7. Information about a danger: ______________

B  Read the medicine label. Then read the statements. Circle True or False.

1. Take this medicine for a headache.  True  False
2. Take 2 tablets every hour.         True  False
3. Don’t take more than 2 tablets in one day. True  False
4. Children age 12 and older can take this medicine. True  False
5. You must not use this medicine after July 2012. True  False
Read the prescription medicine label. Answer the questions.

1. Who is this prescription for? Sarah Carlton

2. What part of the body is the medicine for? __________________________

3. How much medicine does Sarah take? __________________________

4. How often does she take the medicine? __________________________

5. How many refills can she get? __________________________

6. What is the expiration date? __________________________

Play track 23. Listen to a customer talking to a pharmacist. Complete the conversation with the words you hear.

Pharmacist: Mr. Bronson, your prescription is ready. Is this the first time you are taking Naproxen?

Mr. Bronson: Yes, it is. How much do I take?

Pharmacist: Take ______ tablets __________________________ a day.

Mr. Bronson: Do I take them with __________________________?

Pharmacist: Yes. Take the tablets at breakfast, lunch, and dinner.

Mr. Bronson: And how long do I take them?

Pharmacist: __________________________

Mr. Bronson: All right.

Pharmacist: This medicine can make you feel __________________________ or nauseous.

If this happens, stop taking the medicine and call your __________________________

Mr. Bronson: OK.

Pharmacist: Do you understand these __________________________?

Mr. Bronson: Yes, I do. Thank you.
A Complete the sentences. Use the past forms of the verbs in parentheses.

1. Oscar (get) _____________ hurt during a baseball game.
2. The new cook (cut) ________________ her hand with a knife yesterday morning.
3. Jorge (have) _________________ a car accident a year ago. He (hurt) ________________ his back.
4. Mrs. Henderson (break) ______________ a tooth. She had to go to the dentist.
5. In-Ho (fall) _________________ on the stairs. He (sprain) ________________ his wrist.

B Complete the sentences. Use the past tense of the words in the box.

fall  have  sprain

1. Maria _____________ had a bad accident in her house. She ________________ down the stairs, and she ________________ her arm.

break  get  go

2. Andrew ________________ hurt at work. He ________________ his ankle, and he ________________ to the emergency room.

get  have  take

3. Mei-Lin ________________ sick last week. She ________________ the flu.
   I ________________ her to the doctor.
Look at the pictures. What happened? Write a sentence to describe each person’s injury. Use the past tense.

1. He hurt his back.

2. ________________________________

3. ________________________________

4. ________________________________

5. ________________________________

6. ________________________________

MAKE IT PERSONAL. Describe a time when you or someone you know got hurt. What happened? Write sentences. Use the simple past tense.

My sister broke her arm when she was 11 years old.

She fell from a tree.
Lesson 7: Read about ways to cure a headache

BEFORE YOU READ

Scan the article. Look at the words in bold. What are four ways to cure a headache?

READ

Play track 24. Listen. Read the article.

**HOW DO YOU CURE A HEADACHE?**

Everyone gets headaches at one time or another. But people have different ways to relieve their pain. Many people take over-the-counter medicine, such as aspirin or pain reliever. But some people use home remedies. These are ways to treat an illness with food, plants, or common items around the house. People from around the world have different home remedies for headaches. Here are just a few. Try one the next time you get a headache!

**Hot and Cold**
Some home remedies use hot or cold temperatures to cure headaches. In England, some people take hot baths or showers. They let the hot water warm the backs of their necks. In Ecuador, people wet a cloth with cold water and hold it to their foreheads for fifteen minutes.

**Massage**
Many people use massage to relieve headache pain. In Argentina, people press on the bridge of their noses, moving their fingers in small circles. In Canada, they massage a spot behind their ears. In China, they massage a spot on their hands between the thumb and pointing finger.

**Food**
Some home remedies for headaches use food. In Japan, they eat a soup made with ginger, hot water, honey, and potato. In Morocco, people drink a tea made with mint, lime, garlic, and honey. Sometimes people don’t eat the food they use; they put it on their bodies. In Lebanon, they cut potatoes into slices and place them on their foreheads.

**Aroma**
Can smells cure a headache? Maybe! Some people in the United States heat water and apple vinegar on a stove and breathe in the strong aroma. Other people use the aroma of herbs, such as peppermint and lavender.
CHECK YOUR UNDERSTANDING

A What is the main idea of the article? Circle the letter.

a. You can use food to cure headaches.
b. People around the world use home remedies to cure headaches.
c. Home remedies are better than over-the-counter medicines.

B Read the article again. Match the countries and the headache remedies.

1. ____ Argentina  a. massage your hands
2. ____ Ecuador  b. place a potato slice on your forehead
3. ____ Morocco  c. drink soup with ginger, hot water, honey, and potato
4. ____ England  d. massage behind your ears
5. ____ Canada  e. put cold cloths on your forehead
6. ____ Lebanon  f. drink tea with mint, lime, garlic, and honey
7. ____ United States  g. massage your nose
8. ____ China  h. put hot water on your neck
9. ____ Japan  i. breathe aromas with vinegar or herbs

C MAKE IT PERSONAL. Do you know any home remedies from your country? Do you use home remedies?

In Pakistan, we eat an apple with some salt to cure a headache. It is better than aspirin!
A Complete the sentences. Underline for or because.

1. Hector took some cold medicine for / because he had the flu.
2. Cesar has bad heartburn. He went to the doctor for / because a prescription.
3. Hua had a headache. He went to the drugstore for / because some pain reliever.
4. Aunt Rita’s foot is swollen for / because she fell in the bathtub. She needs to buy a rubber safety mat.
5. Mrs. Hwang needs new glasses. She called her eye doctor for / because an appointment.
6. I need to call my boss. I can’t go to work today for / because I hurt my ankle.

B Complete the sentences. Write because or for.

1. My daughter Ju-Yeon didn’t go to school today because she didn’t feel well. I went to the drugstore some flu medicine.
2. Eva took her baby to the clinic she needed a checkup. The doctor asked her to come back next week a blood test.
3. I went the dental clinic I had a bad toothache. I had to wait a long time they were very busy.
4. I went to the doctor a flu shot. I wanted to get the shot I had the flu last year and I missed a lot of work.
5. Camila always misses class. Last week she was absent she had a sore throat. Today she’s absent she has to work.
Look at the pictures. Answer the questions. Write complete sentences. Use the words in parentheses. There may be more than one correct answer.

1. Why did Roberto go to the drugstore?
   (because) He went to the drugstore because he needed eye drops.

2. Why did Sharon miss work?
   (because) ____________________________
   ____________________________

3. Why did Haseem call 911?
   (because) ____________________________
   ____________________________

4. Why did Isabel go to the doctor?
   (because) ____________________________
   ____________________________
   (for) ____________________________
   ____________________________

5. Why did Anton call his supervisor?
   (because) ____________________________
   ____________________________