

# Test Prep: Test-Taking Strategy Worksheets

## HOW TO USE AN ANSWER SHEET

For many tests, you use an Answer Sheet to mark, or bubble in, your answers. You must use a #2 pencil. You do not mark your answers on the test. A machine may score your answers. The machine reads and records the pencil marks on the Answer Sheet.

First, you need to fill in some personal information on the Answer Sheet.

Here is an example of the Answer Sheet in this book:

Print your last name, first name, and middle initial.

This is where you bubble in your answers.

Write your student identification number and bubble in the information below the boxes.

Write your class number and bubble in the information.

**Future 3**  
**Unit Test Answer Sheet**

1 Last Name First Name Middle

2 Teacher's Name

Directions for marking answers

- Use a No. 2 pencil. Do NOT use ink.
- Make dark marks and bubble in your answers completely.
- If you change an answer, erase your first mark completely.

Right

(A) (B) (C) (D)

Wrong

(A) (X) (C) (D)

(A) (B) (C) (D)

TEST

1 (A) (B) (C) (D)

2 (A) (B) (C) (D)

3 (A) (B) (C) (D)

4 (A) (B) (C) (D)

5 (A) (B) (C) (D)

6 (A) (B) (C) (D)

7 (A) (B) (C) (D)

8 (A) (B) (C) (D)

9 (A) (B) (C) (D)

10 (A) (B) (C) (D)

11 (A) (B) (C) (D)

12 (A) (B) (C) (D)

13 (A) (B) (C) (D)

14 (A) (B) (C) (D)

15 (A) (B) (C) (D)

16 (A) (B) (C) (D)

17 (A) (B) (C) (D)

18 (A) (B) (C) (D)

19 (A) (B) (C) (D)

20 (A) (B) (C) (D)

21 (A) (B) (C) (D)

22 (A) (B) (C) (D)

23 (A) (B) (C) (D)

24 (A) (B) (C) (D)

25 (A) (B) (C) (D)

26 (A) (B) (C) (D)

27 (A) (B) (C) (D)

28 (A) (B) (C) (D)

29 (A) (B) (C) (D)

30 (A) (B) (C) (D)

31 (A) (B) (C) (D)

32 (A) (B) (C) (D)

33 (A) (B) (C) (D)

3 STUDENT IDENTIFICATION

0	0	0	0	0	0	0	0	0	0
1	1	1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2	2	2
3	3	3	3	3	3	3	3	3	3
4	4	4	4	4	4	4	4	4	4
5	5	5	5	5	5	5	5	5	5
6	6	6	6	6	6	6	6	6	6
7	7	7	7	7	7	7	7	7	7
8	8	8	8	8	8	8	8	8	8
9	9	9	9	9	9	9	9	9	9

Is this your Social Security number?  
Yes ☐ No ☐

4 TEST DATE

Jan	<input type="checkbox"/>	0	0	200	9
Feb	<input type="checkbox"/>	1	1	201	0
Mar	<input type="checkbox"/>	2	2	201	1
Apr	<input type="checkbox"/>	3	3	201	2
May	<input type="checkbox"/>	4	4	201	3
Jun	<input type="checkbox"/>	5	5	201	4
Jul	<input type="checkbox"/>	6	6	201	5
Aug	<input type="checkbox"/>	7	7	201	6
Sep	<input type="checkbox"/>	8	8	201	7
Oct	<input type="checkbox"/>	9	9	201	8
Nov	<input type="checkbox"/>				
Dec	<input type="checkbox"/>				

5 CLASS NUMBER

0	0	0	0	0	0	0	0
1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2
3	3	3	3	3	3	3	3
4	4	4	4	4	4	4	4
5	5	5	5	5	5	5	5
6	6	6	6	6	6	6	6
7	7	7	7	7	7	7	7
8	8	8	8	8	8	8	8
9	9	9	9	9	9	9	9

6 RAW SCORE

0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9

Print your teacher's name.

These are the directions for marking answers.

Write the test date and bubble in the information.

viii How to Use an Answer Sheet

© 2010 Pearson Education, Inc. Permission is granted to reproduce for classroom use.

## PRACTICE QUESTIONS FOR STANDARDIZED TESTS

Many standardized tests begin with a practice page. Here is an example of a practice page. Read through the questions below and make sure you understand how to answer them.

When you take a standardized test, find the practice page. It says *Practice*. Look for the practice answer box on the answer sheet. Use a pencil. Bubble in your answer. Ask the tester for help if you do not understand the directions. When the test begins, you are not allowed to talk. You cannot ask for or give help.

### READING TEST

#### Practice

Nutrition Facts	
Serving Size 1 Cup	
Servings Per Container 16	
Amount Per Serving	
<b>Calories</b> 160	Calories from Fat 71
<b>Total Fat</b> 8 g	
<b>Cholesterol</b> 35 mg	
<b>Sodium</b> 125 mg	
<b>Total Carbohydrate</b> 13 g	
Dietary Fiber 0 g	
Sugar 12 g	
<b>Protein</b> 8 g	

1. How many calories from fat does each serving of this drink have?  
A. 1 cup  
B. 71  
C. 160  
D. 8

#### PRACTICE

- |   |     |     |     |     |
|---|-----|-----|-----|-----|
| 1 | (A) | (B) | (C) | (D) |
| 2 | (A) | (B) | (C) | (D) |

# Unit 8 Test

## LISTENING I

**(Tracks 45–46)** You will hear a question. Then you will hear a conversation. After that, you will hear the question again and three choices. What is the correct answer: A, B, or C?

1. A. salty foods like chips  
B. vegetables with dip  
C. carrots and celery
2. A. because she's late to work  
B. because she isn't hungry  
C. because she's busy with her children

## LISTENING II

**(Tracks 47–48)** You will hear the first part of a conversation. To finish the conversation, listen and choose the correct answer: A, B, or C.

3. A. I'd like a glass of milk with the cake.  
B. My son is allergic to dairy.  
C. Because it's a nut-free cake.
4. A. You should do it every day.  
B. It's not a good idea to do.  
C. After I brush my teeth.

## LISTENING III

**(Tracks 49–50)** You will hear a conversation. Then you will hear three sentences. Which sentence is true: A, B, or C?

5. A. Chicken is low in protein.  
B. Fish is high in protein.  
C. Turkey is high in fat.
6. A. Babies under twelve months old can drink whole milk.  
B. Children who are one to two years old can drink whole milk.  
C. Children who are over two years old cannot drink low-fat milk.

# LIFE SKILLS

Read. What is the correct answer: A, B, C, or D?

## Plain Non-fat Yogurt

### Nutrition Facts

Serving Size 1 container (226g)

#### Amount Per Serving

**Calories** 110 **Calories from Fat** 0

% Daily Value

**Total Fat** 0g **0%**

Saturated Fat 0g **7%**

Trans Fat 0g **0%**

**Cholesterol** Less than 5mg

**Sodium** 160mg **7%**

**Total Carbohydrate** 15g **5%**

Dietary Fiber 0g **0%**

Sugars 0g

**Protein** 10g

**Vitamin A** 0% **Vitamin C** 4%

**Calcium** 45% **Iron** 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

## Strawberry Cream Yogurt

### Nutrition Facts

Serving Size 1 container (227g)

#### Amount Per Serving

**Calories** 240 **Calories from Fat** 25

% Daily Value

**Total Fat** 3g **4%**

Saturated Fat 1.5g **9%**

Trans Fat 0g **0%**

**Cholesterol** 15mg **5%**

**Sodium** 140mg **6%**

**Total Carbohydrate** 46g **15%**

Dietary Fiber Less than 1g **3%**

Sugars 44g

**Protein** 9g

**Vitamin A** 2% **Vitamin C** 4%

**Calcium** 35% **Iron** 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

7. The strawberry cream yogurt has \_\_\_\_\_ calories from fat.
  - A. 3
  - B. 25
  - C. 110
  - D. 240
8. The plain and strawberry cream yogurt have the same amount of \_\_\_\_\_.
  - A. calories
  - B. cholesterol
  - C. *trans* fats
  - D. protein
9. The strawberry cream yogurt has a lot more \_\_\_\_\_ than the plain yogurt.
  - A. vitamins
  - B. sodium
  - C. dietary fiber
  - D. sugars
10. The plain yogurt has \_\_\_\_\_ of the daily value for carbohydrates.
  - A. 5 percent
  - B. 15 grams
  - C. 15 percent
  - D. 46 grams



## GRAMMAR

**Complete each conversation. What is the correct answer: A, B, or C?**

11. **A:** Do you ever stay up late on weeknights?

**B:** No, I \_\_\_\_\_ go to bed by 11 P.M.

- A. never
- B. always
- C. rarely

12. **A:** Do you take vitamins?

**B:** Yes, I \_\_\_\_\_ take a vitamin with breakfast, but if I forget, I take it before I go to bed.

- A. never
- B. always
- C. usually

13. **A:** How often do you get a physical examination?

**B:** I've \_\_\_\_\_ gotten one.

- A. never
- B. always
- C. usually

14. **A:** Do your kids eat vegetables every day?

**B:** Well, I give them vegetables every day, but they don't \_\_\_\_\_ eat them.

- A. never
- B. sometimes
- C. always

15. **A:** I \_\_\_\_\_ use canola oil when I cook because it's better for you than peanut oil.

**B:** Hmm. I should try that.

- A. often
- B. rarely
- C. never

16. **A:** My doctor says I need to exercise, but I don't like \_\_\_\_\_.  
**B:** If you take fast walks, that's also good for you.  
A. running  
B. run  
C. runs
17. **A:** Raul, you should really stop \_\_\_\_\_.  
**B:** I know. I'm trying to quit.  
A. smoke  
B. smoking  
C. to smoke
18. **A:** I'm on a diet, but it's so hard to lose weight.  
**B:** Don't give up. Keep \_\_\_\_\_.  
A. to try  
B. try  
C. trying
19. **A:** I need to exercise, but I can't go outdoors in the winter.  
**B:** Try \_\_\_\_\_ up and down the stairs inside your apartment building.  
A. walk  
B. walking  
C. walks
20. **A:** I'm sorry, I only have low-fat milk.  
**B:** That's all right. I don't mind \_\_\_\_\_ low-fat.  
A. drinking  
B. to drink  
C. drink

21. A: \_\_\_\_\_ your hands before you eat will help you avoid getting a cold.  
B: Right. I'll go wash them now.  
A. Wash  
B. Washing  
C. To wash
22. A: \_\_\_\_\_ small, healthy snacks during the day is better for you than eating big meals.  
B: That may be true, but I still like big, hot meals.  
A. Eating  
B. To eat  
C. Eat
23. A: Why did the dentist say to use a soft toothbrush?  
B: Because \_\_\_\_\_ with a soft toothbrush is gentler on your teeth.  
A. brush  
B. brushes  
C. brushing
24. A: \_\_\_\_\_ a lot of water is good for you, but why?  
B: Lots of reasons. It makes your skin healthier and gives you more energy.  
A. Drinking  
B. Drinks of  
C. Drink
25. A: When I need to diet, I just skip meals.  
B: But \_\_\_\_\_ meals is bad for your body, and it's not an effective way to lose weight.  
A. skip  
B. skipping  
C. skipped

## VOCABULARY

**Read. What is the correct answer: A, B, C, or D?**

26. I try not to \_\_\_\_\_, but the candy bars in the vending machines always look so good.
- A. eat fast food
  - B. be on a diet
  - C. drink sugary beverages
  - D. buy junk food
27. If you don't want to \_\_\_\_\_, try using low-fat ingredients in your cooking.
- A. eat home-cooked meals
  - B. get take out
  - C. eat fatty foods
  - D. eat fast food
28. There are a lot of McDonald's and Burger Kings in my neighborhood, but I try not to \_\_\_\_\_.
- A. eat fast food
  - B. have snacks
  - C. buy frozen dinners
  - D. drink sugary beverages
29. I like to go to the A & C supermarket to \_\_\_\_\_ because their prices are good.
- A. eat fast food
  - B. buy fresh fruits and vegetables
  - C. have a snack
  - D. eat fatty foods



**READING****Read. What is the correct answer: A, B, C, or D?**

Los Angeles is going green! In Los Angeles County, the University of California has a program called Common Ground to sustain community gardens in L.A. and teach people to grow their own food. Hilda Suarez is one member of the program. Hilda was looking for ways to save money on her monthly budget. She realized that if she grew her own fruits and vegetables, she could save over \$50 a month. But since Hilda lived in an apartment building, she thought she could never have her own garden. Then a friend, Juanita, told her about Common Ground. Now Hilda grows squash, lettuce, and tomatoes at the Francis Avenue garden, one of the many gardens in L.A. She also grows some vegetables from Mexico, such as jicama, a flavorful root. When Hilda first joined the program, she didn't know much about gardening. But at the Common Ground program, some experienced gardeners gave free workshops and she learned gardening techniques. They also gave her some free seeds. Now Hilda likes to bring family members to her little patch. Thanks to Common Ground, Hilda is not only saving money; she also has a fun activity for her family to do together on weekends.

30. What is the main idea of the article?
- A. Hilda Suarez is saving money by gardening.
  - B. Los Angeles has community gardens.
  - C. Common Ground is a program that helps people to build community gardens.
  - D. Community gardens are a way to make the planet green.
31. Why did Hilda Suarez join Common Ground?
- A. To make extra money as a part-time job
  - B. To learn farming techniques
  - C. To spend time with her family
  - D. To save money on fruits and vegetables
32. What is Hilda growing in her garden, according to the article?
- A. potatoes, peas, and carrots
  - B. lettuce, tomatoes, jicama, and squash
  - C. squash, potatoes, lettuce, and tomatoes
  - D. jicama, flowers, tomatoes, and cucumbers
33. Which sentence below gives an opinion in the article?
- A. Gardening is a fun activity for Hilda to do with her family.
  - B. Hilda didn't know much about gardening when she started.
  - C. Hilda realized if she grew her own fruits and vegetables, she could save over \$50 a month.
  - D. Hilda likes to bring family members to her garden patch.