

## Adverbs of frequency

With action verbs				With <i>be</i>			
I	<b>always</b> <b>usually</b> <b>often</b> <b>sometimes</b> <b>hardly ever</b> <b>never</b>	<b>go</b>	to the beach.	I	<b>am</b>	<b>always</b> <b>usually</b> <b>often</b> <b>sometimes</b> <b>hardly ever</b> <b>never</b>	at the beach.
We				We			
They		They					
He	<b>goes</b>	to the beach.	He	<b>is</b>	<b>always</b> <b>usually</b> <b>often</b> <b>sometimes</b> <b>hardly ever</b> <b>never</b>	at the beach.	
She			We				They



Read the sentences. Underline the verbs. Circle the adverbs of frequency.

- We usually eat dinner at 6:00.
- Ben is often late.
- Mr. and Mrs. Olsen always watch a movie on Friday night.

## Questions with *How often* / frequency time expressions

How often	<b>do</b>	you they	<b>exercise?</b>	<b>Every day.</b> <b>Every Monday.</b> <b>Once a week.</b> <b>Twice a month.</b>
	<b>does</b>	he she		

Complete the sentences with *do* or *does*. Circle the time expressions.

- A: How often \_\_\_\_\_ Marek swim?

B: Once a week.
- A: How often \_\_\_\_\_ Beatrice and her husband go shopping?

B: Twice a month.
- A: How often \_\_\_\_\_ you have computer class?

B: Every Tuesday and Thursday.